

The Plough Inn Menu

Tiptoe Sway Road Lymington SO41 6FQ
01425 610185 www.ploughinnnewforest.co.uk
Food Served
Sunday to Thursday - 12.00 noon to 9.00 pm
Friday to Saturday - 12.00 noon to 9.30 pm

Please see the black boards for details of our Weekly Specials and Desserts

◆◆ Starters ◆◆

Tomato & Mozzarella Salad £5.50

Slices of tomato and buffalo mozzarella with a pesto dressing topped with mixed leaves

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Pâté £5.50

A course pâté served with homemade red onion marmalade, melba toast and a dressed salad

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Chicken Tikka Skewers £5.75

Tender chunks of chicken marinated in tikka sauce
Served with minted yoghurt and dressed salad

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Battered Halloumi £5.75

Deep fried until golden brown, served with a salsa dip and a dressed salad

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Trio of Panko Squid Rings £6.25

Deep fried until golden brown, served with a sweet chilli dip and a dressed salad

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Loaded Potato Skins £6.25

Filled with a choice of ham & cheese, cajun chicken or just cheese, served with sour cream with chive dip and a dressed salad

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Tempura Battered Prawns £6.50

Served with a tomato salsa and a dressed salad

We serve breakfast from

8.00 am to 11.45 am

Thurs, Fri, Sat, Sun & Mon

See separate menu

◆◆ Sharing Platters ◆◆

Available for 1 or to share

The Ultimate Plough Combo £9.50 / £18.00

Chicken goujons, sticky barbeque ribs, breaded mushrooms, chicken tikka skewers, onion rings, garlic bread and mozzarella sticks
Served with a dressed salad and trio of dips

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Chilli Nachos £5.95 / £10.50

Tortilla chips topped with melted cheese, guacamole, sour cream and mild salsa
Served with a choice of chilli con carne, three bean chilli or just cheese

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Coast to Coast £9.95 / £18.25

Scampi, whitebait, cod goujons, calamari, garlic prawn lollypops, garlic bread, breaded mushrooms and onion rings.

Served with a trio of dips and a dressed salad

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The Mezze Board £9.75 / £18.00

Slices of Parma ham, salami, chorizo, pastrami, mixed olives, roasted peppers, red onion marmalade, humous, bread and a dressed salad

◆◆ Side Orders ◆◆ £2.50 each

Chips (50p extra for cheese) ◆ Seasonal Vegetables
Bread & Butter £1.80 ◆ Battered Onion Rings
Garlic Bread (50p extra for cheese)

◆◆ Sunday Roasts ◆◆

Adult Roast £10.50

Smaller Appetite Roast £7.50

A choice of meats or vegetarian nut roast

Mixed Roast £12.50

A selection of three meats

All served with Yorkshire pudding, stuffing, sausage, roast potatoes, seasonal vegetables and gravy

◆◆ Jacket Potatoes ◆◆

Hot Buttered Jacket Potato with one choice of filling and served with a dressed salad and coleslaw **£7.50** (£1.00 per extra filling)

Prawn Marié-Rose ◆ Tuna & Sweetcorn

Baked Beans ◆ Grated Cheese

Chilli Con Carne ◆ Mediterranean Vegetables

◆◆ Baguettes ◆◆

Served with skinny fries, coleslaw and a dressed salad **£7.50**

Cheese & Pickle ◆ Tuna & Sweetcorn

Prawn Marié-Rose ◆ Cajun Chicken

Bacon, Lettuce & Tomato

◆◆ Wraps ◆◆

Served with skinny fries, coleslaw and a dressed salad **£7.50**

Prawn Marié-Rose ◆ Cajun Chicken

Buffalo Mozzarella, Tomato & Rocket

◆◆ Salads ◆◆

All our salads are served with mixed leaves, tomato, cucumber, red onion, grated carrot, boiled egg, croutons, coleslaw and warm new potatoes **£10.95**

Grilled Halloumi ◆ Chicken & Bacon

Mediterranean Vegetables

Smoked Salmon & Prawn Roulade

◆◆ Traditional Ploughman's ◆◆

Choose from Ham, Cheddar Cheese or Pâté **£9.50**
Served with a dressed mixed salad served with apple, pickle, pickled onion, coleslaw and crusty bread

◆◆ The Little Foal's Menu ◆◆ £4.95

Sausage ◆ Fish Goujons

Beef Burger in a Bun ◆ Chicken Nuggets

Served with a choice of chips, mash potato or new potatoes and baked beans, peas or salad

Mini Mac 'n' Cheese

Served with garlic bread

◆◆ Stonebaked Pizzas ◆◆

Our pizzas are made with a 12" thin crust base topped with a tomato sauce and mozzarella

Margherita £11.25

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Pepperoni £12.00

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The Farmhouse £12.00

Topped with ham, sliced mushroom, red onion and chicken

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The Hot and Spicy £12.25

Topped with diced Cajun chicken, sliced pepperoni, jalapenos and red onion

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The Fisherman's £12.50

Topped with tuna, prawns and sliced onions

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The Mighty Veggie £11.25 (V)

Topped with oven baked Mediterranean vegetables

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The Meat Feast £12.95

Topped with diced ham, chicken, bacon & pepperoni

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The Hawaiian £11.75

Topped with diced ham and diced pineapple

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The Texan £12.25

Topped with diced BBQ chicken, bacon, and red onion

◆◆ Vegetarian Choices ◆◆

Sweet Potato, Spinach & Chick Pea Curry £10.95

A mild curry served with rice, poppadum and naan bread

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Vegetable Kiev £10.50

Chopped mixed vegetables bound in breadcrumbs, served with new potatoes and a dressed salad

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Trio of Vegetarian Sausages £10.25

Served on a bed of mashed potato with fresh vegetables and vegetable gravy

◆◆ House Favourites ◆◆

◆◆ Meat Choices ◆◆

Homemade Plough Pie £12.25

A shortcrust pastry pie served with a selection of fresh vegetables, new potatoes and gravy

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Plough Carved Ham, Eggs & Chips £10.25

Honey roasted ham served two fried eggs, chips and a dressed salad

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Homemade Beef Lasagne £10.95

Served with garlic bread and a dressed salad

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Cider Braised Pork Belly £11.95

Pork belly braised in cider, served with wholegrain mustard mash, a selection of fresh vegetables and a cider sauce

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Hunters Chicken £10.95

Chicken breast topped with crispy bacon, BBQ sauce and melted cheese, served with chips and a dressed salad

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Beef in Blackbean Sauce £10.95

Served with stir fry noodles tossed in a sweet chilli and soy sauce, served with prawn crackers

◆◆ Fish Choices ◆◆

Lager & Lime Beer Battered Fish £11.50

Served with chips, peas & homemade tartar sauce

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Breaded Scampi £11.25

Fried until golden brown and served with chips, peas & homemade tartar sauce

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Thai Fish Cakes £11.25

Served with a dressed salad, new potatoes & a homemade Thai dressing

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King Prawns £12.50

Marinated in lime, coriander, sweet chilli and garlic, served with slightly spiced rice and salad

◆◆ From the Grill ◆◆

House Steak From £17.95

Cooked to your liking, served with grilled mushrooms, cherry vine tomatoes, onion rings, chips and peas

(Add a sauce: creamy stilton or peppercorn for a £1)

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Gammon Steak £11.50

10oz gammon steak topped with your choice of egg or pineapple, served with chips, peas and grilled tomato

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'The Plough Rack'

Half Rack £10.25 / **Whole Rack** £15.95

*Slow roasted racks of ribs cooked for eight hours in a sweet and tangy barbeque sauce
Served with onion rings, skinny fries and a dressed salad*

All burgers are served with skinny fries, coleslaw and a dressed salad

Homemade Lamb and Mint Burger £12.50

8oz homemade minted lamb burger topped with melted cheese and red onion marmalade

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Homemade Pork and Apple Burger £12.50

8oz homemade pork and apple burger topped with cheese and a tomato & onion relish

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BBQ Beef Burger £12.50

8oz homemade beef burger topped with barbeque sauce, bacon, cheese and an onion ring

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The Big Chilli £12.50

8oz homemade beef burger topped with chilli con carne, nachos, cheese and sour cream

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The Cajun Chicken Burger £12.50

Topped with mixed leaves and garlic mayonnaise

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Goat's Cheese & Beetroot Burger £10.50 (V)

A sweet butternut, beetroot and goat's cheese burger cooked until golden brown, served in a bap with mixed leaves

Please ask a member of staff with regards to any food allergies