



The Plough Inn Menu

Tiptoe Sway Road Lymington SO41 6FQ
01425 610185 www.ploughinnnewforest.co.uk

Food Served
Monday to Sunday - 12.00 noon to 9.00pm

◆◆ Starters ◆◆

- Homemade Soup of the Day** ◆ Served with crusty bread **£5.95**
Farmhouse Pâté ◆ Served with red onion marmalade, toasted crusty bread and a dressed salad garnish **£5.95**
Prawn Cocktail ◆ Served with marié rose sauce, bread & butter and a dressed salad garnish **£6.50**
Whitebait ◆ Served with tartar sauce and a dressed salad garnish **£6.25**
Panko Squid Rings ◆ Served with lemon mayonnaise dip and a dressed salad garnish **£6.25**
Battered Halloumi ◆ Deep fried until golden brown, served with a sweet chilli dip and a dressed salad garnish **£6.25**
Bread & Oils ◆ Served with sundried tomatoes, olives with balsamic vinegar and chilli oil **£5.95**

◆◆ Sharing Platters ◆◆ Available for 1 or to share

- The Ultimate Plough Combo** ◆ Southern fried chicken goujons, crispy chicken wings, hot & spicy bites, onion rings, garlic bread and mozzarella sticks, served with a trio of dips **£10.95 / £20.50**
Nachos ◆ Tortilla chips topped with your choice of topping: **Chilli con carne** ◆ **Three bean chilli** ◆ **Just cheese**
All topped with melted cheese and finished with guacamole, sour cream and salsa **£6.50 / £11.95**
Coast to Coast ◆ Scampi, whitebait, cod goujons, tempura prawns, crab cakes, calamari, garlic bread, and onion rings, served with a trio of dips **£11.95 / £22.00**

◆◆ Jacket Potatoes ◆◆

- Hot Buttered Jacket Potato** with one choice of filling and served with a dressed salad garnish and coleslaw **£7.95** (£1.00 per extra filling)
Prawn Marié-Rose ◆ **Tuna** ◆ **Baked Beans** ◆ **Grated Cheese** ◆ **Chilli Con Carne** ◆ **Three Bean Chilli**

◆◆ Baguettes ◆◆

- Served with skinny fries and a dressed salad garnish **£7.95**
Cheese & Pickle ◆ **Tuna & Cucumber** ◆ **Prawn Marié Rose** ◆ **Bacon & Brie** ◆ **Ham & Cheese**

◆◆ Salads ◆◆

- All our salads are served with dressed mixed leaves, tomato, diced cucumber, red onion, sliced boiled egg, croutons, coleslaw and warm new potatoes **£11.95**
Grilled Halloumi ◆ **Chicken & Bacon with Ceaser dressing** ◆ **Prawn & Tuna**

◆◆ Stonebaked Pizzas ◆◆

Our pizzas are made with a 12" thin crust base topped with a tomato sauce and mozzarella (GFO)

Margherita ◆ **£11.50**

Pepperoni ◆ **£12.95**

- The Farmhouse** ◆ Topped with diced ham, sliced mushroom, red onion and diced chicken **£12.95**
The Hot and Spicy ◆ Topped with diced chicken, spicy beef, sliced pepperoni, jalapenos and red onion **£12.95**
The Fisherman's ◆ Topped with tuna, prawns and sliced onions **£12.95**
The Mighty Veggie ◆ Topped with oven baked Mediterranean vegetables **£12.95 (V)**
The Meat Feast ◆ Topped with diced ham, chicken, spicy beef & pepperoni **£12.95**
The Hawaiian ◆ Topped with diced ham and diced pineapple **£12.95**
The Texan ◆ Topped with diced chicken, spicy beef, red onion and BBQ sauce **£12.95**

◆◆ Mains - Meat Choices ◆◆

- Plough Pie** ◆ A shortcrust pastry pie served with a selection of fresh vegetables, new potatoes and gravy **£12.75**
Plough Carved Ham, Eggs & Chips ◆ Honey roasted ham served with two fried eggs, chips and a dressed garnish salad **£11.95**
Homemade Beef Lasagne ◆ Served with garlic bread and a dressed salad garnish **£12.50**
Liver & Bacon ◆ Pan fried until crispy and finished with an onion gravy, served with mashed potatoes and a selection of fresh vegetables **£12.50**
Homemade Cottage Pie ◆ Topped with mashed potatoes and grilled until golden brown, served with a selection of fresh vegetables and gravy **£12.50 (Add cheese for 50p)**
Crispy Chilli Beef ◆ Crispy strips of beef deep fried until crispy and tossed in a sweet chilli sauce, served with vegetable stir fry noodles and prawn crackers **£12.50**

◆◆ **Mains - Fish Choices** ◆◆

- Lager & Lime Beer Battered Fish** ◆ Served with chips, peas and homemade tartar sauce **£12.95**
Breaded Scampi ◆ Deep fried until golden brown and served with chips, peas and homemade tartar sauce **£11.95**
Cod & Prawn Mornay ◆ Served with new potatoes and a selection of fresh vegetables **£12.95**
Salmon & Hollandaise Sauce ◆ Served with new potatoes and a selection of fresh vegetables **£12.95**

◆◆ **Mains - From the Grill** ◆◆

- House Steak** ◆ Cooked to your liking, served with grilled mushrooms, tomatoes, onion rings, chips and peas **£18.95**
(Add a sauce: creamy stilton or peppercorn for **£1.50**)
Gammon Steak ◆ Served with your choice of egg or pineapple, tomatoes, chips and peas **£14.95**
'The Plough Rack' ◆ Half Rack **£11.95** / Whole Rack **£18.00** ◆ Slow roasted rack of ribs cooked in a rich barbeque sauce for eight hours for perfection, topped with crispy onion rings and served with skinny fries, salad and coleslaw

◆◆ **The Burger Board - All burgers are served with skinny fries, coleslaw and a dressed salad** ◆◆

- Homemade Lamb and Mint Burger** ◆ 8oz homemade minted lamb burger topped with melted cheese and red onion marmalade **£12.95**
Big Cheesy Beef Burger ◆ 8oz homemade beef burger topped with bacon, red onion marmalade topped with melted cheese **£12.95**
The Mighty Chicken Burger ◆ Breast of chicken topped with bacon, onion ring & melted cheese **£12.95**
The Texan ◆ 8oz homemade beef burger topped with bacon, bbq sauce, onion ring & melted cheese **£12.95**
The Green Burger ◆ Veggie burger topped with mixed leaves **£12.95 (V)**

◆◆ **Mains - Vegetarian Choices** ◆◆

- Sweet Potato, Spinach & Chick Pea Curry** ◆ A mild curry served with rice, poppadum, naan bread and mango chutney **£11.95**
Mushroom & Pepper Stroganoff ◆ Served with new potatoes and a selection of fresh vegetables **£11.95**
Three Bean Chilli ◆ Served with rice, nachos & sour cream **£11.50**
Curried Veggie Pie ◆ Curried butternut squash & sweet potato pie served with new potatoes, vegetables and gravy **£11.95**

◆◆ **Side Orders** ◆◆ **£3.50**

- Chips (50p for cheese)** ◆ **Seasonal Vegetables** ◆ **Battered Onion Rings** ◆ **Garlic Bread (50p for cheese)**
Pan fried mushrooms ◆ **Bread & Butter** **£1.80** ◆ **Coleslaw** ◆ **Side Salad**

◆◆ **The Little Fowl's Menu** ◆◆ **£5.50**

- Sausage** ◆ **Fish Goujons** ◆ **Beef Burger in a Bun** ◆ **Chicken Nuggets**
Served with a choice of fries, mashed potatoes or new potatoes and baked beans, peas or salad
Mini Mac 'n' Cheese ◆ Served with garlic bread

◆◆ **Sunday Roast** ◆◆

- Adult Roast** **£11.50** ◆ **Smaller Appetite Roast** **£8.50** ◆ **Mixed Roast** **£13.50 (GFO)**
A choice of three meats or vegetarian nut roast (V)
All served with Yorkshire pudding, stuffing, sausage, roast potatoes, seasonal vegetables and gravy

V = Vegetarian

VG = Vegan

GF = Gluten Free

GFO = Gluten Free Option

Breakfast

£4.95

We serve breakfast from
8.00am to 11.30am
Mon, Thur, Fri, Sat & Sun
See separate menu

Please see the
blackboards for
details of our Weekly
Specials and Desserts